

## JOHN C. WADE

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Emporia State University  
Department of Psychology  
1 Kellogg Circle  
Emporia, KS 66801-5145  
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### EDUCATION

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Ph.D. in Counseling Psychology (APA Approved)  
Pennsylvania State University, University Park, PA  
Earned 4.0 GPA

Master of Arts, Counseling Psychology  
University of North Texas, Denton, TX

Bachelor of Arts, Psychology  
University of Dallas, Irving, TX

### LICENSURE

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Licensed as Psychologist in state of Kansas.

### PROFESSIONAL EXPERIENCE

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Promoted to Full Professor; awarded Tenure  
Director of Clinical Psychology Program  
Emporia State University  
2016

Associate Professor, Tenure Track  
Director of Clinical Psychology Program  
Emporia State University  
2012 – 2016

Courses taught:

PY 303 Psychology in the Real World  
PY 503 Psychology of You (Honors College course)  
PY 530 Positive Psychology  
PY 550 Evolutionary Psychology  
PY 580 Current Therapies  
PY 626 Theories of Personality  
PY 827 Seminar in Psychopathology  
PY 846 Culture, Assessment and Treatment in Psychology  
PY 847 Techniques of Psychotherapy

PY 848 Family and Group Psychotherapy  
PY 858 Interdisciplinary Referral and Collaboration in Clinical Psychology  
PY 859 Internship in Clinical Psychology

ADJUNCT TEACHING EXPERIENCE

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**Avila University**

PY 380 Positive Psychology  
(Proposed and developed as a new course offering)  
Fall 2010

PY 610 Personality Development  
Fall, 2005

PY 621 Advanced Developmental Psychology  
Fall 2010; Fall 2011

PY 680 Creating Change (1 credit week-end intensive class)  
(Proposed and developed as a new course offering)  
Fall, 2012

PY 680 Resiliency (1 credit week-end intensive class)  
(Proposed and developed as a new course offering)  
Fall, 2011

PY 680 Foundations of Positive Psychology (1 credit week-end intensive class)  
(Proposed and developed as a new course offering)  
Fall 2006, Spring 2008, Spring 2010; Fall 2011; Fall, 2012

PY 680 Positive Psychology: Applying Strengths to Important Life Domains (1 credit week-end intensive class)  
(Proposed and developed as a new course offering)  
Fall, 2007, Spring 2011

PY 680 Positive Psychology Methods (1 credit week-end intensive class)  
(Proposed and developed as a new course offering)  
Spring, 2007, Fall 2010

PY 680 Test Anxiety (1 credit week-end intensive class)  
Fall, 2005

PY 698 Advanced Abnormal Psychology  
Fall 2006, Spring & Fall 2007, Spring 2008 & Fall 2008, Spring, Summer & Fall 2009; Spring, Summer 2010; Spring 2011; Summer, 2011; Fall 2011; Summer, 2012

PY 856 PY 656 Multicultural Counseling  
(Proposed and developed as a new course offering)  
Summer, 2012

**University of Kansas**

Clinical Assistant Professor  
Counseling Psychology Advanced Practicum  
Spring, 2007

Clinical Assistant Professor  
Psychology in Research and Education 101 - Orientation Seminar  
Fall, 2006

Clinical Assistant Professor  
Counseling Psychology Beginning Practicum  
Spring, 2000

**Additional Teaching Experience**

Adjunct Faculty  
Columbia College, Columbia, MO  
Psychology 460 - Introduction to Counseling and Clinical Psychology  
Fall, 1998

Instructor  
University of Missouri, Columbia, MO  
Ethical and Legal Issues in Psychology Practice  
Summer, 1997

Graduate Teaching Assistant  
Penn State University, State College, PA  
Co-taught Counseling Education 425 - Testing and Measurement  
Fall, 1994 & Spring, 1995

Teaching Assistant  
Penn State University, State College, PA  
Co-taught Counseling Education 404 – Group Procedures in Guidance and Counseling

**PROFESSIONAL CLINICAL EXPERIENCE**

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**Staff Psychologist**

Counseling and Psychological Services, University of Kansas  
November, 1998 – December, 2011

*Clinical Responsibilities*

Provide individual, couples, and group psychotherapy to college student population with wide range of clinical issues. Conduct ADHD evaluations. Provide urgent care and triage services. Groups have included General Process Group, Stress Management Group, ADHD Group, and Family Issues Group among others.

*Supervision and Training*

Supervise pre-doctoral interns and graduate level practicum students for individual and group therapy, and on a rotating basis provide supervision of supervision. Serve on Training Committee. Have taught Advanced Practicum class to doctoral level students as needed.

*Outreach and Consultation Coordinator*

Responsible for the implementation of outreach programming and consultation activities across campus community. Train psychology and social work interns in outreach and consultation skills through weekly training meetings and supervision. Training seminar includes components of effective presentation skills, basics of consultation, effective networking, needs assessment and program evaluation, and providing media interviews.

Developed and created all content for CAPS website and currently maintain and update website. Currently creating new media to more fully reach students, e.g., video to be displayed in campus venues and through Blackboard.

**Counselor**

University of Missouri Counseling Center  
August 1998 – November 1998

Provided individual psychotherapy to a diverse college student population and provided supervision of individual and group therapy to Master's and doctoral level practicum students.

**Post-Doctoral Resident**

University of Missouri Counseling Center (APA Approved)  
August 1997 – July 1998

Conducted assessment and psychotherapy and provided urgent care and after hours on-call coverage in a university counseling center. Co-facilitated Interpersonal Group for clients with Axis II diagnoses, Adult Children of Alcoholics Group, Anxiety Management Group, and Family Issues Group. Emphasis on clinical supervision and training experience. Supervision responsibilities included leading a weekly supervision group of five doctoral students, supervising eight interns assigned to a ten hour per week clinical rotation on-site at campus residence halls, supervising two Master's level practicum students in the Women's Center, supervising two interns for group therapy, and supervising two doctoral practicum students.

**Pre-doctoral Intern**

University of Missouri Counseling Center (APA Approved)  
August 1996 – July 1997

Provided assessment, individual and group psychotherapy, and after hours crisis coverage, supervised two doctoral level practicum students, developed and presented outreach programming for campus community especially in the areas of stress management and prevention of sexual assault. Provided individual and couples counseling to faculty and staff through Employee Assistance Program within a managed care framework.

**Psychological Consultant**

Penn State University, Department of Communication Disorders  
May 1996 – June 1996

Proposed the establishment of an intensive stuttering therapy program and assisted in the development and implementation of the first annual three week Residential Fluency Program.

**Behavioral Specialist Consultant**

United Health and Human Services, Huntington, PA  
July 1995 – May 1996

Supervised five clinicians providing intensive services to at risk children and adolescents. Responsibilities included conducting family assessments, developing and revising treatment plans, coordinating implementation of treatment plan with treatment professionals, school personnel, and community resources, and providing on-call crisis coverage.

**Academic Advisor**

Freshmen Testing, Counseling, and Advising Program  
Penn State University  
May 1995 – July 1995

Conducted interviews with incoming freshmen to determine interests and goals, and assisted students in developing their educational plan.

**BOOKS**

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Wade, J. C., Marks, L., & Hetzel, R. (Eds.) (2015). *Positive psychology on the college campus*. New York: Oxford University Press.

Wade, J. C., & Jones, J. E. (2014). *Strength-based clinical supervision: Applying the principles of positive psychology to clinical training*. New York: Springer Publishing Company.

**CHAPTERS**

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Wade, J.C., & Welch, A.J. (2022). Positive psychology. In Fulmer, R. (Ed.), *Counseling and psychotherapy: Theory, integration, and innovation*. New York: Cognella.

Wade, J. C., & Richardson, B. (2020). How psychological processes impact voter decision making. In Sinnott, J. D., & Rabin, J. S. (Eds.), *The psychology of political behavior in a time of change*. New York: Springer Publications.

Wade J. C. (2015). Positive career counseling. In Wade, J., Marks, L., & Hetzel., R. (Eds.), *Positive psychology on the college campus* (pp. 167-190). New York: Oxford University Press.

Jones, J. E., & Wade J. C. (2015). Positive supervision and training. In Wade, J., Marks, L., & Hetzel., R. (Eds.), *Positive psychology on the college campus* (pp. 191-218). New York: Oxford University Press.

Wade, J. C. (2014). Kindness unites us. In Dole, D., Godwin, L., & Moehle, M. (Eds.), *Exceeding expectations: Stories of appreciative inquiry in schools*, (pp.159-164). Taos, NM: Taos Institute

Publishing.

## PUBLICATIONS

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- Wade, J.C. (2021). Staying centered during these politically troubled times. *Positive Psychology Newsletter, Division 17, American Psychological Association*, 33-37.
- Wade, J.C. (2018). Carl Rogers. In Lopez, S. J. (Ed.), *The encyclopedia of positive psychology*, (2<sup>nd</sup> ed.). Oxford, UK: Wiley-Blackwell.
- Wade, J. C., & Lara, A. (2016). Rationale recovery. In Martin, S. (Ed.), *Alcohol: Social, cultural, and historical perspectives* (pp. 466-468). Thousand Oaks, CA: Sage Publications.
- Penny, K., & Wade, J. C. (2016). Designated driver. In Martin, S. (Ed.), *Alcohol: Social, cultural, and historical perspectives* (pp. 1029-1031). Thousand Oaks, CA: Sage Publications.
- Wade, J. (2015). Handbook of positive supervision: For supervisors, facilitators, and peer groups, by Fredrike Bannink (book review). *The Psychologist-Manager Journal*, 18(3-4), 153-160.
- Marks, L., & Wade, J. (2015). Positive psychology on campus: Creating the conditions for well-being and success. *About Campus*, 19, 9-15. doi/10.1002/abc.21174
- Wade, J. C. (2012). Appreciatively embracing the shadow in training and supervision: Acknowledging the darkness, reframing reactions, and exploring intentions. *AI Practitioner: International Journal of Appreciative Inquiry*, 14, 37-39.
- Wade, J. C. (2012, December). Adults don't handle bullies alone, why should kids? *Kansas Association of School Psychologists Newsletter* (pp. 3-4).
- Wade, J. C., & Jones, J. E. (2010). Addressing problems and framing solutions in clinical supervision. *Society of Counseling Psychology: Section on College and University Counseling Centers Newsletter*, 5, 4-6.
- Wade, J. C. (2009) Carl Rogers. In Lopez, S. J. (Ed.), *The encyclopedia of positive psychology, Volume 2*, 846-847. Oxford, UK: Wiley-Blackwell.
- Wade, J., DeSalvo, F., Richmond, C., & Raut, P. (2007). Exploring challenges college students experience achieving academic, social, and personal success. Unpublished manuscript.
- Wade, J. (Ed.). (2007). *Successful communication in various situations*. New York: National Stuttering Association.
- Wade, J. & Word, C. (2006). Training interns in consultation using a business perspective. *Society of Counseling Psychology: Section on College and University Counseling Centers Newsletter*, 2, 7-8.
- Wade, J. (2006). Looking for love in all the wrong places. *PsychCRITIQUES*, 57, 21. doi: 10.1037/a0003077
- Wade, J. (2005). Mothers against drunk driving. In Salkind, N. (Ed.), *Encyclopedia of human development*. Thousand Oaks, CA: Sage Publications.
- Wade, J. (2005). Stuttering. In Salkind, N. (Ed.), *Encyclopedia of human development*. Thousand Oaks, CA: Sage Publications.

- Wade, J. (2005). Using appreciative inquiry to create positive change. *Society of Counseling Psychology: Section on College and University Counseling Centers Newsletter, 1*, 5-6.
- Wade, J. (2004). Extending the scope of stuttering research and treatment. *Stammering Research, 1*, 125-126.
- Wade, J., Yaruss, S., Reeves, L., Maguire, G., & Reardon, N. (2004). Building alliances among allied professionals. *Proceedings of the 4<sup>th</sup> World Congress on Fluency Disorders*, 550-555.
- Wade, J. (2003) Considerations regarding possible diagnostic code change for stuttering. *Perspectives (American Speech and Hearing Association), 13*, 24-30.
- Bieschke, K., Gehlert, K., Wilson, D., Matthews, C. & Wade, J. (2003). Qualitative analysis of multicultural awareness in training groups. *Journal for Specialists in Group Work, 24*, 325-338. doi/10.1177/01933922030284006
- Wade, J. C. (2001). Real life coping skills. In S. LaRue-Walton, M. E. Stone, M. E. Ryan, K. Nemeth Tuttle, & M. Eodice (Eds.). *KU 101: Learning and growing within our KU community*, 78-86. New York: McGraw-Hill.
- Wade, J. C., & Critelli, J. W. (1998). Narrative descriptions of sexual aggression: Same encounters, different stories. *Journal of Social and Clinical Psychology, 17*, 363-378. doi/10.1521/jscp.1998.17.3.363
- Blood, G., Blood, I., Tellis, G., Gabel, R., Mapp, C., Wertz, H., & Wade, J. (1998). Coping with stuttering during adolescence. *Proceedings of the 2nd World Congress on Fluency Disorders*, 319-323.
- Thayer, P., Wade, J., & Eldredge, K. (1998). Positive self-talk: Creating the stage for successful therapy. *Proceedings of the 2nd World Congress on Fluency Disorders*, 347-348.
- Bieschke, K. J., Matthews, C., Wade, J., & Pricken, P. A. (1998). Evaluation of the process observer method. *The Journal for Specialists in Group Work, 23*, 50-65. doi/10.1080/01933929808411381
- Wade, J. C., & Slaney, R. B. (1997). Perfectionism in adult children of alcoholics, adult children from dysfunctional but non-alcoholic families, and adults from non-dysfunctional families. (Unpublished manuscript.)
- Bieschke, K. J., Matthews, C., and Wade, J. C. (1996). Training group counselors: The process observer method. *The Journal for Specialists in Group Work, 21*, 181-186. doi/10.1080/01933929608412250
- Slaney, R. B., Moran, W. J., & Wade, J. C. (1994). Vocational card sorts. In Kapes, J. T. & Mastie, M. (Eds.). *A counselor's guide to career assessment instruments*. (3rd ed.). Alexandria, VA: National Career Development Association Press.

#### PROFESSIONAL PRESENTATIONS

- Wade, J. (2022). *Second wave Positive Psychology: The good, the bad, and it depends*. Psychology and Education Research in Kansas (PERK). Lawrence, KS.

- Wade, J., Gardner, V., Nweke, C., & Sayers, C. (2022). *Positive Ethics*. Kansas Association of Masters Level Psychologists (KAMP), virtual conference.
- Wade, J., Hickman, J., & Moylan, M. (2022). *Successfully bridging cultural differences*. Kansas Association of Masters Level Psychologists (KAMP), virtual conference.
- Wade, J., Hickman, J., Almuhanha, H., Lemon, V., Eichman, L. (2021). *Using positive psychology to treat anxiety and depression*. Kansas Association of Masters Level Psychologists (KAMP), virtual conference.
- Wade, J., Davis, M., Fulcher, S., & Welch, A. (2019, March). *Positive ethics*. Kansas Association for Master's in Psychology. Wichita, KS
- Medina, C., Thomas, J., Wade, J., & Wong, L. (2018, August). *Transition from supervisee to supervisor: Tools and tactics for early career psychologists*. American Psychological Association National Convention, San Francisco, CA.
- Wade, J., Koehn, C., & Ponciano, S. (2018, April). *Positive psychology interventions for treating anxiety and depressive disorders*. Kansas Association for Master's in Psychology. Wichita, KS.
- Albin, J., Mehmedovic, S., Taylor, S., & Wade, J. (2016, March). *Laughter – Not only the best medicine, also the best training*. Kansas Counseling Association, Topeka, KS.
- Wade, J. C. (2016, February). *Strength based supervision*. Webinar presented to National Academy of Neuropsychology.
- Wade, J. C. (2015, July). *The power of positive psychology*. Presentation at National Stuttering Association National Convention, Baltimore, MD.
- Lara, A., Latham, A., Rickner, L., Pusch, K., Stucker, W., Vequist, M., & Wade, J. (2014, November). *Military re-integration into civilian work life*. Poster session at PERK (Psychological and Educational Research Kansas), Hays, KS.
- Wade, J., Latham, A., Pusch, K., Vequist, M., Ward, B. (2014, November). *Positive career counseling*. Symposium at PERK (Psychological and Educational Research in Kansas), Hays, KS.
- Wade, J. C., & Marks, L. (2014, August). *Positive psychology on the college campus*. Co-chair of symposium at APA National Convention, Washington, DC.
- Penny, K. J., Moore, C. J., Luo, M., & Wade, J. C. (2014, April). *The impact of context on encoding and recall of types of details*. Poster presentation at Southwestern Psychological Association (SWPA) Convention, San Antonio, TX.
- Hajek, V., Penny, K., Speagle, S. Vequist, M., & Wade, J. (2013). *So you want to become an expert? Empirically supported tips for working smarter in school and other life areas*. Panel symposium at PERK (Psychological and Educational Research in Kansas), Baldwin City, KS.
- Allen, D., Clark-Hargreaves, L., Engel, A., Johnson, B., Lara, A., & Wade, J. (2013, November). *Working smarter, not harder*. Panel symposium at PERK (Psychological and Educational Research in Kansas), Baldwin City, KS.



- Bohr, C. L., Martens, A. L., Duckett, K. A., Kessell, B. E., & Fleet, K. E., & Wade, J. C. (2012, November). *Setting the stage for graduate school success*. Poster session at NPS/PERK (Nebraska Psychological Society/Association for Psychological and Educational Research in Kansas), Hasting, NE.
- Martens, A. L., Bohr, C. L., Warusavitharana, S. D., Cunningham, M. D., Penny, K. J., & Wade, J. C. (2012, November). *A strength based perspective: Integrating cultural wisdom with positive psychology*. Poster session at NPS/PERK (Nebraska Psychological Society/Association for Psychological and Educational Research in Kansas), Hasting, NE.
- Wade, J.C. (2012, October). *Applying positive psychology to education*. Presentation at Kansas Association of School Psychologists Annual Conference, Lawrence, KS.
- Wade, J. C., & Jones, J.E. (2012, August). *Strength based supervision: A positive psychology approach to clinical training*. Continuing Education Workshop at American Psychological Association National Convention, Orlando, FL.
- Wade, J. C., & Jones, J. E. (2012, August). *You said what? Best practices for providing feedback in supervision*. Symposium at American Psychological Association National Convention, Orlando, FL.
- Jones, J. E., & Wade, J. C. (2011, August). *Strength based supervision: Addressing problems and framing solutions*. Symposium at American Psychological Association National Convention, Washington, DC.
- Wade, J., & Jones, J. (2010, August). *Strength-based supervision: Applying positive psychology to clinical training*. Workshop at American Psychological Association National Convention, San Diego, CA.
- Jones, J., Wade, J., Robitschek, C., Hetzel, R., Word, C. (2009, August). *Strengths based Supervision and training*. Symposium at American Psychological Association National Convention, Toronto, CN.
- Wade, J. (2008, November). *Applying positive psychology to career counseling and the workplace*. Keynote presentation to Kansas Area Colleges and Employers (KACE) Conference. Topeka, KS.
- Wade, J. C., & Jones, J. E. (2008, March). *Toward a model of strengths based clinical supervision and training*. Presentation at International Counseling Psychology Conference, Chicago, IL.
- Marks, L., Uffelman, R., Hetzel, R., Wade, J., Payne, A., Hays, K., & Pritchett, N. (2006, August). *Applications of positive psychology in university counseling centers*. American Psychological Association Annual Convention, New Orleans, LA.
- Wade, J., Yaruss, S., Reeves, L., Maguire, G., & Reardon, N. (2003, August). *Building Alliances Among Allied Professionals*. Chaired panel discussion at the 4<sup>th</sup> World Congress on Fluency Disorders, Montreal, Canada.
- Wade, J., Young, P., Parry, W., Wood, M. (2003, June). *How to be more successful in interpersonal relationships: Workshop for successful communication In various situations*. Presentation at the National Stuttering Association National Conference, Nashville, TN.
- Wade, J., & Lasster, S. (2000, June). *Coping with the blues*. Presentation at the National Stuttering Association National Convention, Chicago, IL.
- Wade, J., Daniels, K., Dipeolu, A., Hillenbrand-Gunn, T., Pompe, J., & Shoyer, B. (1998, March).

- Counseling services: Promoting student success through campus alliances.* Presentation at the American College Personnel Association National Convention, St. Louis, MO.
- Blood, G., Blood, I., Wertz, H., Wade, J., & Mapp, C. (1997, August). *Coping with stuttering during adolescence.* Presentation at the 2nd World Congress on Fluency Disorders, San Francisco, CA.
- Thayer, P., Wade, J., Dodge, D., & Eldredge, K. (1997, August). *Positive self-talk: Creating the stage for successful therapy.* Presentation at the 2nd World Congress on Fluency Disorders, San Francisco, CA.
- Wade, J., Bieschke, K., Matthews, C., & Gehlert, K. (1996, August). *Exploring change over time in multicultural awareness.* Poster session at the American Psychological Association National Convention, Toronto, Canada.
- Bieschke, K., Gehlert, K., Wade, J., Matthews, C., & Wilson, D. (1996, August). *Qualitative analysis of multicultural awareness in groups.* Poster session at the American Psychological Association National Convention, Toronto, Canada.
- Matthews, C., Wade, J., & Bieschke, K. (1996, April). *Use of the process observer method in training group counselors.* Presentation at the American Counseling Association National Convention, Pittsburgh, PA.
- Wade, J., Bieschke, K., Gehlert, K., & Matthews, C. (1996, March). *Multicultural awareness in group counselor training.* Presentation at the American College Personnel Association National Convention, Baltimore, MD.
- Blood, G. W., Blood, I. M., Wertz, H., Wade, J., Mapp, C., & Slocum, K. (1995, December). *Models of adjustment to stuttering in adolescents during high school.* Presentation at the National Convention of the American Speech and Hearing Association, Orlando, FL.
- Wade, J., & Critelli, J. (1995, August). *Gender differences in narrative descriptions of unwanted sexual aggression.* Poster session at the National Convention of the American Psychological Association, New York, NY.

#### BOOK PROPOSAL REVIEWS

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- Cheavens, J., & Feldman, D. (2019 – 2<sup>nd</sup> review). *The science and application of positive psychology.* Cambridge, England: Cambridge University Press.
- Cheavens, J., & Feldman, D. (2018). *The science and application of positive psychology.* Cambridge, England: Cambridge University Press.
- Lopez, S. J., Pedrotti, J. T., & Snyder, C. R. (2018). *Positive psychology: The scientific and practical explorations of human strengths* (4<sup>th</sup> ed.). Thousand Oaks, CA: Sage Publications.
- Morse, T., Lomay, V., & Garcia, M. (2018). *Visions, dreams, and hallucinations.* New York: Cognella.
- Hatt, A. (2017). *Introduction to couple counseling: A case study approach.* New York: Sage Publications.
- Pelham, B. (2016). *Pants on fire: An exploration of evolutionary psychology.* New York: Sage Publications.

- Jones-Smith, E. (2016). *Culturally responsive strengths-based therapy*. New York: Sage Publications.
- Fox, S. (2016). *Cultural psychology: Creating ourselves in cultural context*. New York: Sage Publications.
- Cottone, R. (2015). *Theories of counseling and psychotherapy: Modern to postmodern approaches*. New York: Springer Publications.
- Holmes, R. (2015). *Cultural psychology*. New York: Oxford University Press.
- Harward, D. (2015). *Well-being and higher education: A strategy for change and the realization of education's greater purposes*. New York: Oxford University Press.
- Zalaquett, C., Ivey, A., & Ivey, M. (2015). *Contemporary theories of counseling and psychotherapy: Everyday practice in our diverse world*. New York: Sage Publications.
- Lopez, S. J., Pedrotti, J. T., & Snyder, C. R. (2015). *Positive psychology: The scientific and practical explorations of human strengths* (3<sup>rd</sup> ed.). Thousand Oaks, CA: Sage Publications.

#### OUTREACH & CONTINUING EDUCATION PRESENTATIONS

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- Complicated grief: Navigating the challenges of aging* (July 2023). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Getting old: It's not for wimps* (May, 2023). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Six treatments in six hours for anxiety and depression* (January, 2023). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Creating a life of meaning and purpose*. (December, 2022). Emporia State University commencement Address.
- Increasing resiliency for PTSD, grief, and loss* (December, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Acceptance and Commitment Therapy for anxiety, depression, and PTSD* (August, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- The client whisperer: Working with reluctant, stuck or resistant clients* (August, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Strength-based supervision and training* (May, 2022). University of Wisconsin-Madison, University Counseling Services.
- The psychology of you: From knowledge to power* (May, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Motivational interviewing for health care professionals* (May, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

- Great expectations: How expectations shape our experiences.* (April, 2022). Presentation at Emporia State University Psi Chi banquet.
- Compassion Focused CBT* (March, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Current and innovative treatments for depression* (January, 2022). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Cutting edge treatments for anxiety* (December, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Compassion, action, and loving kindness* (September, 2021) Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Activating willpower* (August, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Successfully bridging cultural differences* (July, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Understanding and treating male depression* (May, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Complicated grief: Navigating the challenges of aging* (April, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Happiness during a pandemic* (April, 2021 – podcast). Emporia State University Teachers College Podcast.
- Breaking Bad: Harnessing the benefits of our negative emotions* (April, 2021 – webinar). Sponsored through Benefits of Home and Home Connect.
- The power of positive psychology: Creative solutions for creating change.* (March, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Discover your strengths/Strengths based leadership* (March 8 & 10, 2021 – through Zoom). Emporia State University Presidents Council.
- Finding happiness during a pandemic.* (February, 2021 – Podcast). Kansas State Teachers Association.
- Breaking bad: The hidden benefits of your dark side* (January, 2021). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Positive ethics* (December, 2020 – through Zoom). Sponsored through JCCC/Health and Human Services, Overland Park, KS
- Managing difficult client contacts* (October, 2020). Sponsored through Crosswinds Community Mental Health Center, Emporia, KS.
- Staying centered during troubled times* (October, 2020). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Six treatments in six hours for anxiety and depression* (August, 2020 – through Zoom). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Acceptance and Commitment Therapy for anxiety, depression, and PTSD* (June, 2020 – through Zoom). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Increasing resiliency for PTSD, grief, and loss* (June, 2020 – through Zoom). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The psychology of you: From knowledge to power* (May, 2020 – through Zoom). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Current and innovative treatments for depression* (March, 2020). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Cutting edge treatments for anxiety* (February, 2020). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The client whisperer* (January, 2020). Sponsored through Crosswinds Community Mental Health Center, Emporia, KS.

*Got woo? Discovering your strengths* (November, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Positive ethics* (October, 2019). Sponsored through Crosswinds Community Mental Health Center, Emporia, KS.

*Breaking bad: The hidden benefits of your dark side* (October, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Motivational interviewing* (September, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The power of positive psychology: Creative solutions for creating change.* (August, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Activating willpower* (July, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Successfully bridging cultural differences* (June, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The client whisperer: Working with reluctant, stuck or resistant clients* (April, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Complicated grief: Navigating the challenges of aging* (March, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Six treatments in six hours for anxiety and depression* (February, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Acceptance and Commitment Therapy for anxiety, depression, and PTSD* (January, 2019). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

- Motivational interviewing for alcohol and substance abuse* (November, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Motivational Interviewing* (November, 2018 – two sessions). St. Luke’s Hospital, Kansas City, MO.
- Resiliency for PTSD, grief, and loss* (October, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Compassion, action, and loving kindness* (September, 2018) Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- The psychology of you: From knowledge to power* (August, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Got woo? Discovering your strengths* (June, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- The psychology of you: From knowledge to power* (April, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Activating willpower* (April, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Cutting edge treatments for anxiety* (March, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Current and innovative treatments for depression* (February, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Breaking bad: The hidden benefits of your dark side* (January, 2018). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Motivational interviewing for substance abuse* (December, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Staying centered during troubled times* (November, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- The client whisperer: Working with reluctant, stuck or resistant clients* (October, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Complicated grief: Navigating the challenges of aging* (September, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Compassion, action, and loving kindness* (August, 2017) Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Applying positive psychology to treating depression and anxiety* (June, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Handling stress: Changing from beat down to charged up* (April, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Six treatments in six hours for anxiety and depression* (March, 2017). Sponsored through JCCC/Health

and Human Services, Overland Park, KS.

*Complicated grief: Navigating the challenges of aging* (February, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Breaking bad: The hidden benefits of your dark side* (January, 2017). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Catch them being good: Building true leadership and alliances* (December, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Activating willpower* (September, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Using appreciative inquiry to promote positive change* (September, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The client whisperer* (August, 2016). Sponsored through Comfort Keepers, Overland Park, KS.

*Positive ethics* (August, 2016). Sponsored through Comfort Keepers, Overland Park, KS.

*The client whisperer: Working with reluctant, stuck or resistant clients* (July, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Six treatments in six hours for anxiety and depression* (June, 2016). Sponsored through Comfort Keepers, Overland Park, KS.

*Cutting edge treatments for anxiety disorders* (June, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Resiliency for PTSD, grief, and loss* (June, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Handling stress: Changing from beat down to charged up* (April, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Breaking bad: The hidden benefits of your dark side* (February, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Got woo? Discovering your strengths* (January, 2016). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Applying positive psychology to treating depression and anxiety* (December, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Activating willpower* (November, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Six treatments in six hours for anxiety and depression* (October, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Cutting edge treatments for anxiety disorders* (July, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Resiliency for PTSD, grief, and loss* (July, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Cutting edge therapy approaches for creating change* (June, 2015). Sponsored through ComfortKeepers, Overland Park, KS.

*The client whisperer: Working with reluctant, stuck or resistant clients* (June, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Exploring ways to adapt leadership style amid healthcare chaos, challenges and conflict* (June, 2015) Co-presented with Terie Zimmerman. Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Motivational interviewing for substance abuse* (April, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The patient experience* (March, 2015). Presentation to Olathe Health System medical staff.

*Acceptance and commitment therapy for anxiety and depression* (February, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Current and innovative treatments for depression* (January, 2015). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Motivational interviewing* (December, 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*The power of positive psychology: Creative solutions for kickstarting change.* (October, 2014). Sponsored through Cross Country Education. (Workshops in Birmingham, AL; Columbus, GA; Atlanta, GA)

*The power of positive psychology: Creative solutions for kickstarting change.* (September 2014). Sponsored through Cross Country Education. (Workshops in Jackson, MS; Baton Rouge, LA; New Orleans, LA)

*Successfully bridging cultural differences* (October, 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Flourishing: Growing where you're planted* (July, 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Applying principles of positive psychology to clinical practice* (June 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Discover your strengths: Strengths-based supervision and training.* (May, 2014). Sponsored through Comfort Keepers, Kansas City, Mo.

*Acceptance and commitment therapy* (March, 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Reducing stress and increasing fulfillment through positive psychology* (February 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.



- Strength based supervision and training* (February, 2014). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Applying positive psychology to clinical training and supervision* (December, 2013). Presentation to staff and interns at Ohio State University Counseling and Consultation Service.
- Resiliency: Finding strength in difficult times* (December, 2013). Sponsored by Grief Support Network, Shawnee Mission, KS.
- Discover your strengths* (December 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Using appreciative inquiry to promote positive change* (December 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Applying positive psychology to making life better at work and home* (October 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Resiliency: Finding strength in difficult times* (June 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Willpower* (May 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Motivational interviewing* (April 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Reducing stress and increasing fulfillment through positive psychology* (March 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Overcoming burnout through enhancing resiliency* (February, 2013). Presentation to Phoenix Family Housing, Kansas City, MO.
- Strength based supervision and training* (February 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Resiliency: Finding strength in difficult times* (January 2013). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Leading through questions* (November, 2012). Presentation to Shook, Hardy, and Bacon Law Firm, Kansas City, MO.
- Caretaking: Finding your inner weeble* (November, 2012). Keynote presentation for Lawrence Parkinson Support Group. Lawrence, KS.
- Using appreciative inquiry to promote positive change* (November 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Applying positive psychology to making life better at work and home* (November 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.
- Discover your strengths* (October 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Applying positive psychology to work and home* (September 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Willpower* (June, 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Creating change: What works and what doesn't* (May, 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Resiliency: Finding strength in difficult times* (May 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Motivational interviewing* (April, 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Reducing stress and increasing fulfillment through positive psychology* (March 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Strength based supervision and training* (February 2012). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Discover your strengths.* (December 2011). Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Applying principles of positive psychology to clinical practice.* (November, 2011). Sponsored through Veterans Administration Medical Center, Leavenworth, KS.

*Applying positive psychology to work and home* ( November 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Using appreciative inquiry to promote positive change* (October 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Applying positive psychology to making life better at work and home* (October 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Discover your strengths* (September, 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Foundations of positive psychology.* (August, 2011) Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Applying principles of positive psychology to clinical practice* (July 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Reducing stress and increasing fulfillment through positive psychology* (April 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Discover your strengths.* (March, 2011). Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Resiliency: Finding strength in difficult times* (February, 2011). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Strengths based supervision* (January, 2011). Presentation at Student Success Professional Development

Day, University of Kansas.

*Discover your strengths* (December 2010). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Using appreciative inquiry to promote positive change* (October 2010). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Discover your strengths*. (October 2010). Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Applying positive psychology to work and home* (September, 2010). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Strength based supervision and training* (August 2010). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Applying principles of positive psychology to clinical practice* (July 2010). Sponsored through JCCC/Health and Human Services, Overland Park, KS.

*Foundations of positive psychology*. (February, 2010) Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Foundations of positive psychology*. (July 2009) Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Foundations of positive psychology*. (October 2009) Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Discover your strengths*. (September, 2009). Invited presentation to University of Kansas faculty and staff sponsored by Human Resources department.

*Surviving a career transition*. (February & May 2009). Presentation to University of Kansas Staff facing lay-offs, University of Kansas, Lawrence, KS.

*Appreciative inquiry*. (December, 2008). Presentation to United Universalist Fellowship church, Salina, KS.

*Applying positive psychology: Making life better at work and home*. (2008, April). Presentation to staff of Watkins Memorial Health Center, University of Kansas, Lawrence, KS.

*Bringing out the best in yourself and others*. (February, 2008). Presentation at Student Success Professional Development Day, University of Kansas.

*Using appreciative inquiry to promote positive change*. (July, 2007). Sponsored by UMKC School of Dental Hygiene.

*Applying positive psychology to the university counseling center*. (June, 2007). Presentation to Central Missouri State University Counseling Center.

*Principles of positive psychology for the workplace*. (January, 2006). Presentation at Student Success Professional Development Day, University of Kansas

*Positive principles for change*. (July, 2005). Presentation at National Stuttering Association National

Convention in Chicago, IL.

*From Freud to Dr. Phil: Applying one hundred years of psychology to dealing effectively with stuttering.* (November, 2003). Full day workshop for the Northern California Area National Stuttering Association, San Francisco, CA.

*Speech therapy techniques and effective coping skills for the treatment of stuttering.* (November, 2003). Keynote speaker for Northern California Speech Language Pathology Annual Open House, Sacramento, CA .

#### NOTABLE INTERVIEWS

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Wade, J. (September, 2022). *Happiest states in America 2022*. Ask an Expert interview with WalletHub.com [https://wallethub.com/edu/happiest-states/6959#expert=John\\_Wade](https://wallethub.com/edu/happiest-states/6959#expert=John_Wade)

Wade, J. (March 8, 2021). *Happiest cities in America 2021*. Ask an Expert interview with WalletHub.com [https://wallethub.com/edu/happiest-states/6959#expert=John\\_Wade](https://wallethub.com/edu/happiest-states/6959#expert=John_Wade).

#### PROFESSIONAL PRESENTATIONS (faculty advisor)

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Almuhanna, H. (2021). *The Effects of Counting Blessings and Reflecting on Challenges on Well-Being, Mood, and Resilience*. Presentation at PERK (Psychology and Educational Research in Kansas). Atchinson, KS (virtual).

Welch, A. (2019). *Positive Psychology and the Applications of Technology*. Presentation at PERK (Psychology and Educational Research in Kansas), Baldwin, KS.

Graham, S. (2019). *The Effects of Self-Efficacy and Motivation on Fluid Intelligence and its Impact on IQ Scores*. Poster Session at PERK (Psychology and Educational Research in Kansas), Baldwin, KS.

Wray, A, & Klema, A. (2018). *Making It or Faking It – Your Mind Will Decide: An Investigation into the Relationships Between Imposter Syndrome, Demographics, and Employee Well-being*. Presentation at PERK (Psychology and Educational Research in Kansas), Emporia, KS.

Richardson, B. (2018). *Psychological factors impacting voter decision making*. Presentation at PERK (Psychology and Educational Research in Kansas), Emporia, KS.

Ward, B., & Latham, A. (2013). *Impact of sports outcome on health of spectators*. Poster presentation at PERK (Psychological and Educational Research in Kansas), Baldwin City, KS.

Peterson, E. (2013). *Heartscope Learning's SCOPES program: How brain training can increase motivation and academic persistence*. Poster presentation at Emporia State University Research and Creativity Day.

#### THESIS COMMITTEES

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- Sayers, Courtney (Defended Summer, 2022). *Measures of executive functions: Examining the convergent validity of BRIEF-A and D-KEFS in a sample of college students.*
- Almuhanna, Hatun (Defended Fall, 2022 - Chair). *The effects of gratitude and reflecting on future challenges on well-being, mood, and resilience.*
- Lauber, Ray (Defended Fall, 2021). *Conduct policies in the workplace: A normative study of conduct policies in institutions of higher education.*
- Roemer, Charles (Defended Summer, 2021). *The financial and psychological returns on investment of a degree in Industrial-Organizational Psychology.*
- Fasiz, Zach (Defended Spring, 2021 – Chair). *The relationships between over protective parenting, cognitive flexibility and aggression in adolescents.*
- Graham, Stephany (Defended Spring, 2020 – Chair). *The effects of self-efficacy and motivation on fluid intelligence and its impact on IQ scores.*
- Tulachka, Janette (Defended Summer, 2019). *Workers' attitudes and perceptions on workplace romances: Do heterosexual and homosexual relationships make a difference?*
- Muirhead, Alex (Defended Summer, 2019). *General Labor Employees' Self Perceived Readiness to work: Does it Relate to Job Retention?*
- Waldorf, Jennifer (Defended Summer, 2019). *The impact of virtual vs. traditional work on organizational culture.*
- Miller, Amy (Defended Summer, 2019). *The effects of a toxic work environment for registered nurses.*
- Nooney, Jordan (Master's Project: Defended Spring, 2019). *An art-based approach to processing graduate experiences and professional identity.*
- Cyr, Kaitlin (Defended Spring, 2019). *Employee's perceptions of pets in the workplace.*
- Merth, Robert (Defended Spring, 2019). *Elements and strategies for determining organizational readiness to implement an evidence-based practice: A theoretical framework, model, and tool for future research and implementation efforts.*
- Tulachka, Janette (Proposed Fall, 2018). *Workers' attitudes and perception on workplace romances: Do heterosexual and homosexual relationships make a difference?*
- Henry Wajita (Defended Fall, 2018). *The induction of humorous or boring states on college students' mood and time estimation.*
- Klema, Alex (Defended Fall, 2018). *Technology and the modern employee: An investigation into Smartphone usage, psychological detachment, motivation, and employee well-being.*
- Ball, Haley (Defended Summer, 2018). *The role of mindfulness in psychological well-being and psychological capital.*
- Lloyd, Eric (Defended Summer, 2018). *Personality antecedents of team role and leadership emergence over time.*
- Ortiz, Yahayra (Defended Summer, 2018). *Rejection, perception, and corporate reputation: A literature review.*

- Fabriani, Dea (Defended Spring, 2018). *The effect of integration approach on the employee attitudes through organizational culture change and HR initiatives after merger and acquisition.*
- Booth, Carrie (Defended Summer, 2017). *Relationship between age and employee methodology.*
- Salim, Leliyan (Defended Spring, 2017). *The effect of Skillstreaming training on peer status and social skills in preschool.*
- Petersen, Rachel (Defended Fall, 2016). *Does a coloring activity increase the ability to cope with stress?*
- Pavan Chelikani (Defended Spring, 2016). *How culture influences management style.*
- Alyssa Castillo (Defended Spring, 2016). *The relationship of job stress on executives' coping strategies, decision-making, and organizational performance.*
- Jessica Rice (Master's Project: Defended Spring, 2016). *Using the Myers-Briggs Type Indicator in creative arts therapy.*
- Katherine Frances (Master's Project: Defended Spring, 2016). *Collaborative Hope Quilt: Stitching hope and resiliency with runaway and homeless youth.*
- Ian Schroeder (Defended Spring, 2016). *Beyond the Big Five: Developing a personality inventory that can better predict job performance.*
- Jennifer Waldorf (Defended Spring, 2015). *The impact of virtual vs. traditional work on organizational culture.*
- Kristi Gildner (Master's Project: Defended Spring, 2015). *Creating Happiness.*
- Lydia Njoroge (Defended Spring, 2015). *You stink so sexily: Sweaty T-shirts in Emporia.*
- Caroline Moen (Defended Spring, 2014). *The effect of teacher warmth and gender on student learning and perceptions*
- Kyle Leihsing (Defended Spring, 2014). *The effect of personal political belief on perceived trustworthiness of political pundits.*
- Andrew Sarafino (Defended Spring, 2014): *Students willingness to work with peers based on political view in Facebook.*
- Callie Colgin (Defended Fall, 2013): *How personality moderates the relationships between leader behaviors and subordinate job satisfaction.*
- Sarah Sleimens Harder (Defended Spring, 2013): *Exploring the conflict handling styles of American and Middle-Easterners: A cross-cultural comparison.*
- Amanda Martens (Defended Spring, 2013): *Exaggerated gender differences: Malleability of gender identity with video games.*
- Brooke Kent (Defended Spring, 2013): *The effects of viewing a police officer on attitudes toward the police: Do gender and previous trouble with the law matter?*

INDEPENDENT STUDY RESEARCH PROJECTS

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- Subreedia Lewis (Summer, Fall 2022). *Compliments, rewards, and mood.* (Research advisor for McNair Scholars Research Project).
- Sara Carrington (Spring, 2022). *Impact of attachment styles on development.*
- Rebekah Thomas (Fall, 2021). *Impact of defense mechanisms on romantic relationships.*
- Venus Maloney (Fall, 2021). *Impact of romantic rejection on body dissatisfaction.*
- Victoria Pruitt (Fall, 2021). *Exploring bullying victimization in adolescence as a predictor of sexual violence perpetration in early adulthood.*
- Vanessa Pruitt (Spring, 2021). *The differences in anomalous perceptual experiences and psychotic-like experiences between individuals with sub-autistic traits and individuals without sub-autistic traits.*
- Aman, Justin (Fall, 2020). *Changes in perceived coping mechanisms following a traumatic experience.*
- Mesler, Montana (Fall, 2020). *Exploration of critical components in positive habit formation.*
- Pollum, Jess (Fall, 2020). *Exploring the effect of stress and burnout as a result of COVID-19 on school performance.*
- Grande, Olivia (Spring, Summer 2020). *Rapport and academic performance.* (Co-chair McNair Scholar Research Project with Kelly McEnerney).
- Wray, Anna (Fall, 2018). *Making it or faking it – your mind will decide: An investigation into imposter pheononom: Education, minority status, gender, and tenure.*
- Kendall, Bailey (Spring, 2018). *Identifying PTSD in children and evaluating proper treatment solutions.*
- Redeker, Taylor (Spring, 2018). *Alcohol consumption and an overview of its effect on brain functioning and mental health.*
- Bruce, Rachel (Spring, 2018). *Drug addiction: Prison or mental health treatment?*
- Wong, Hongjun (Spring & Fall, 2017). *Exploration of PTSD treatment options.*
- Becker, Rachel (Spring, 2017). *Exploring mindfulness as a treatment adjunct.*
- Carter, Megan (Fall, 2016 and Spring, 2017). *Factors that influence adolescent mental health.*
- Melissa Kurtenbach (Fall, 2015). *Recognizing and remediating stigmas about mental health and suicide.*
- Samantha Jacob (Spring, 2015). *Factors contributing to happiness in relationships.*
- Asher Demont (Spring, 2012): *Exploring the religious attributions of college track and field athetes.*
- Jingwen (Jillian) Zhou (Spring, 2012): *How diagnosis and treatment of depression varies between the United States and China.*
- Andrea Eubank (Fall, 2012): *Effectiveness of complimentary and alternative medicine for depression.*
- Andrea DuBois (Fall, 2012): *Observations of differences of perception of mental health concerns*

*between the United States and China.*

#### CAPSTONE PROJECT

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Oren Dungan (Summer, 2015). *Examination non-effectivce or harmful psychological treatment programs.*

#### SERVICE & LEADERSHIP POSITIONS

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##### International

- 2019-2022: Manuscript reviewer for *International Journal of Applied Positive Psychology*
- 2021-2022: Manuscript reviewer for *Current Psychology*
- 2019: Manuscript reviewer for *the International Journal for Educational and Vocational Guidance*
- 2008 – 2010: Clinical Advisory Board Member – Teva Pharmaceuticals

##### National

- 2021-2023: Publications Editor for APA Div 17 Positive Psychology Newsletter
- 2018 - present: Proposal reviewer for poster sessions for Positive Psychology section of APA Division 17
- 2019 - 2021: Manuscript reviewer for *Current Psychology*
- 2018: Manuscript reviewer for *Theory and Psychology*
- 2018: Proposal reviewer for poster sessions for Supervision and Training section of APA Division 17
- 2015 – 2017: Communication Officer for Supervision and Training section; Division 17 American Psychological Association
- 2014 - 2019: Manuscript reviewer for the *Psychologist-Manager Journal*.
- 2014 – 2016: Manuscript reviewer for the *Journal of Psychological Inquiry*
- 2014 – 2016: Manuscript reviewer for *Journal of Positive Psychology*
- 2014 – 2015: Manuscript reviewer for *The Counseling Psychologist*
- 2009 – 2011: Teaching Representative for Positive Psychology section of APA Division 17
- 2004 – 2006: Reviewer for *Stammering Research Journal*



- 2000 – 2002: Task Force Member, Reimbursement and Diagnostic Codes Task Force, American Speech and Hearing Association, Fluency Division
- 2000 – 2002: Ad hoc reviewer for *Journal of Personality and Social Psychology*
- 1998 – 2003: Committee Member, National Stuttering Association’s Professional Relations Committee
- 1996 – 1998: Board Member, Commission VII (Counseling and Psychological Services) of ACPA
- 1996 – 1998: Board Member, National Stuttering Association. Served on Professional Relations Committee, Chair of Election Committee

State

- 2018 - 2022: Proposal reviewer for Psychology and Education Research in Kansas (PERK) Convention
- 2014 – 2015: Secretary for Psychology and Research in Kansas (PERK)

University

- 2023: Chair - Roe R. Cross Selection Committee
- 2023: Shepherds Scholars Scholarship Committee
- 2023: Robert J. Grover Scholarship Committee
- 2023: Endley Scholarship Committee
- 2021-2022: Chair – Adminstator Evaluation Committee for Associate Provost and Dean of Honors College
- 2021 & 2023: Graduate School Scholarship Committee
- 2020-2021: Provost Search Committee
- 2020-2021: ESU Faculty Grievance Panel
- 2019-2020: ESU Health Care Advisory Committee
- 2018 – 2019: Faculty Research and Creativity Committee
- 2018 – 2020: Chair – University Academic Dishonesty Committee
- 2018 - present: Graduate Council member
- 2017 - 2020: University Faculty Research and Creativity Committee
- 2013-2018: ESU Disability Service Advisory Council

- 2013- 2014: ESU Faculty Input Survey Committee
- 2013-2014: ESU Academic Greivance Committee
- 2012 - 2014: ESU Faculty Senate
- 2012 – 2014: ESU Academic Affairs Committee

College

- 2021 -2022: Teachers College Faculty Recognition Awards Committee
- 2020: Teachers College Associate Dean Search Committee
- 2019-2020: Teachers College Dean’s Search Committee
- 2019: Teachers College Visser Hall Renovation Committee
- 2018 - 2019: Teachers College Faculty Recognition Awards Committee
- 2017 – 2018: Vice-chair – Committee on Advanced Programs (Teachers College)
- 2016: Program reviewer for KSDE Higher Education Program Review (Psychology)
- 2016: Student Learning Assessment Committee
- 2015-2017: Teachers College Committeee on Advanced Programs
- 2015 - 2017: Darrell Wood Award Selection Committee
- 2015: Teachers College Teaching Factors Assessment Committee
- 2015: Teachers College Faculty Recognition Awards Committee
- 2014: Teachers College Faculty Recognition Committee
- 2012 - 2018: Teachers College Dean’s Advisory Council

Department

- 2023: Psychology Department Search Committee
- 2022: Counselor Education Faculty Recognition Committee
- 2021: Chair - Psychology Department Faculty Recognnition Committee
- 2021: Chair – Psychology Department Grievance Committee
- 2018: Chair – Clinical Psychology Faculty Search Committee
- 2018, 2023: Chair – Psychology Department Greivance Committee

- 2017: Psychology Department Search Committee Chair
- 2017: Psychology Department Faculty Recognition Committee
- 2017: Psychology Department Search Committee Member
- 2016 – 2018: Faculty Advisor – Hornets for Hope RSO
- 2016: Counselor Education Faculty Recognition Committee
- 2016: Psychology Department Grievance Committee
- 2015: Chair – Psychology Department Chair Selection Committee
- 2015: Chair – Psychology Department Grievance Committee
- 2013-2014: Psychology Department Faculty Recognition Committee
- 2012 - 2013: Search Committee Chair – Clinical Psychology program
- 2012 - Present: Faculty Advisor – Psi Chi Honors Society

#### Other Service

- 2011: Selected for KU Staff Fellows program
- 2011: Consultant to KU Libraries in the creation and implementation of strengths based workplace environment
- 2009 – 2010: Founder 7 O’Clock Job Club, a weekly support and job seeking skills training group for unemployed Lawrence area community members
- 2007 – 2008: University of Kansas Alcohol Priority Group – Chair of Best Practices Section.
- 2005 – 2008: Faculty/Staff Advisor for Ablehawks (KU student group for people with disabilities).
- 2005: Consultant to KU Wellness Resource Center in the design of *Goal Setting Program: Setting goals to ameliorate stress and depression among KU students and increase student retention*
- 2002 – 2003: Chair, University of Kansas Student Success Research Committee
- 1999 – 2002: Member, University of Kansas Student Affairs Research Committee
- 1998 – 2001: Committee Member. University of Kansas Men’s Coalition

#### OUTREACH PRESENTATIONS & WORKSHOPS

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Conducted more than 100 workshops on various topics to campus organizations. Topics have included: Positive Psychology, Identifying and Using Strengths, Stress Management, Test Anxiety, Adjusting to College, Date Rape, How Counseling Helps, How to Identify Students in Distress and Refer Effectively, Dealing with Depression, Time Management, Study Skills, Relationship Skills, and Conflict Resolution.

#### PROFESSIONAL DEVELOPMENT SESSIONS

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*Persuasion: How to Change Anyone's Mind* (October, 2022).

*Five Therapies – Five Minutes Each* (March, 2022).

*Breaking Bad: The Power of the Negative* (December, 2021).

*Let's Go See a Bad Movie* (March, 2021).

*Happiness and Well-Being During a Pandemic* (November, 2020 – Brown Bag Luncheon presentation to the Teachers College).

*Money Doesn't Make You Happy – Except When It Does: The Science of Happy Spending* (October, 2020).

*Popularity and Influence* (February, 2020).

*Money Matters: The Psychology of Money* (October, 2019).

*Everything You Wanted to Know About Clinical Psychology But Were Afraid to Ask* (November, 2018)

*Psychological Paradoxes* (October, 2018)

*Positive Psychology* (March, 2018)

*Everything You Wanted to Know About Clinical Psychology But Were Afraid to Ask* (October, 2017)

*Five Therapies – Five Minutes Each* (March, 2017)

*Five Therapies – Five Minutes Each* (March, 2016)

*Great Expectations: How Expectations Influence Our Experiences* (October, 2016)

*The Wonderful World of Positive Psychology* (March, 2016)

*Psychology: News You Can Use* (October, 2015 for Psychology Day)

*Evolutionary Psychology: Is Ancient Physiology Up To Modern Challenges?* (April, 2015)

*Five Therapies: Five Minutes Each* (February, 2015)

*Applying to Doctoral Programs* (October, 2014): Organized panel presentation of faculty panelists.

*Positive Psychology* (April, 2014)

*Small Steps to Big Changes* (November, 2013): Presented with Desirae Allen, Lydia Clark-Hargreaves, Aubrey Engels, & Alex Lara.

*The Life of a Psychologist* (October, 2013)

*Applying to Graduate School* (September, 2013): Facilitated panel discussion with both faculty and graduate student panelists

*Willpower* (April, 2012 & October, 2012 for Psychology Day)

*Positive Psychology* (March, 2012)

#### AWARDS

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Roe R. Cross Distinguished Professor (2022)

Emporia State University Teachers College Teaching Award (2021)

Nominated as Emporia State University's contender for the Robert Foster Cherry Award for Great Teaching (nominated in 2018 for the 2020 award)

Shane J. Lopez Award for Professional Contributions in Positive Psychology (American Psychological Association) (2017)

Emporia State University Teachers College Scholarship Award (2015)

#### PROFESSIONAL MEMBERSHIPS

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American Psychological Association  
APA Division 17 (Counseling Psychology)  
Positive Psychology Section (APA)  
Supervision and Training Section (APA)  
National Stuttering Association

#### REFERENCES

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Available upon request.